

WHO LADDER FOR PAIN MANAGEMENT

MILD		MODERATE		SEVERE		UNCONTROLLED
1 - 3		4 - 6		7 - 10		To refer to APS for: PCA or Epidural or other forms of analgesia
<u>Regular</u> No medication Or PCM 1g QID	<u>PRN</u> PCM &/or NSAID/COX2 Inhibitor	<u>Regular</u> Opioid Tramadol 50 – 100mg tds-qid ±PCM 1g QID ± NSAID/COX2 Inhibitor	<u>PRN</u> Additional Tramadol 50 – 100mg (max total dose: 400mg/day)	<u>Regular</u> IV/SC Morphine 5 – 10mg 4H or Aqueous Morphine 5 – 10mg 4H or IR Oxycodone 5 – 10mg 4-6H ± PCM 1g QID ± NSAID/COX2 Inhibitor	<u>PRN</u> IV/SC Morphine 5 – 10mg or Aqueous Morphine 5 – 10mg or IR Oxycodone 5 – 10mg	